THE PHENOMENON OF DRUG AND PSYCHOTROPIC SUBSTANCE ABUSE - TRADITIONAL AND DIGITAL - CAUSES, EFFECTS, SOLUTIONS

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Abstract: The problem of traditional drug abuse and addiction is one of the most dangerous problems and negative phenomena that contemporary and backward societies suffer from, because it is a source of concern and threat to their children at all social, economic, cultural and security levels. It is also a hidden weapon in wars and one of the methods of black psychological operations that hostile countries use and resort to influence the youth and penetrate their minds and thoughts and change their behavior and attitudes to control them and achieve their goals. In addition to a new and innovative type of drugs, namely digital drugs, which have recently spread in conjunction with scientific progress in the field of information and communications technology, and in which criminals rely on creating applications and programs that lead to a type of anesthesia when heard. The importance of our research comes from the great danger of drug abuse, which negatively affects all aspects of individuals' lives. Combating this negative phenomenon is a necessity to confront the challenges associated with it, which contributes to building a safer and healthier society. The exacerbation of the problem of the spread of drugs in all their forms in the world, especially in recent decades, has constituted one of the most important security challenges facing society, which requires a single and serious stand for work, joint cooperation and coordination of all international efforts. And the national to combat and treat this negative phenomenon.

Keywords: Psychotropic drugs, Abuse, Addiction, Digital, Effects

Introduction

The problem of the spread of the drug scourge is one of the biggest problems that countries of the world suffer from. The phenomenon of drug abuse has also posed a serious challenge to countries, as it is a phenomenon that has taken on many different moral, security, economic and health dimensions. It has not included specific countries, but rather has included all countries, as this phenomenon has become a cross-border crime. All countries seek to combat it due to its serious harm to various aspects of economic, social, cultural and health life, as well as security. Therefore, combating and confronting this phenomenon is not the responsibility of one country alone, but rather falls on all countries by establishing legal rules and strengthening international cooperation to combat it and stop its spread by all legal methods and means. The importance of the research: The importance of the research lies in the fact that the phenomenon of drug and psychotropic substance abuse is one of the serious problems that has emerged among all societies. This scourge wastes the economic, financial and human resources of countries, and contributes to the emergence of behavioral deviations among members of society, especially among university youth of both sexes, in addition to the

emergence of a new type of digital crimes, of which digital drugs are one of the forms. The phenomenon of drug abuse has become one of the serious social issues for individuals and societies alike, exposing them to serious negative consequences in health, economy and social security. Therefore, it was necessary to combine efforts to confront and combat the phenomenon of drug abuse to achieve well-being, health, economic and social development. Research problem: The research problem is that the crime of drug and psychotropic substance abuse is a serious crime that crosses international borders. Despite its negative effects and various dimensions and the need to impose deterrent penalties on this serious crime in all countries, we notice that there are countries that impose strict and severe penalties, while there are countries that are lenient in combating this crime or impose less severe penalties, in addition to the lack of a legal framework to criminalize acts related to the production of digital drugs by creating digital applications and promoting and using them, which facilitated their spread in society, especially among young people, including university students, at a time when the digital information network represents a permissible and easy-to-use technology and provides a suitable environment for using them at low costs. Research plan: To address the dimensions of the topic of drug abuse, we will divide the research into three Parts as follows:

- Part One: Definition of drugs and psychotropic substances

First requirement/ The concept of drugs and psychotropic substances and its types

Second requirement/ The reasons that motivate the abuse of traditional and digital drugs and psychotropic substances

- Part Two/ The negative effects and harms resulting from drug abuse

First requirement/ The negative effects resulting from the abuse of traditional drugs

Second requirement/ The negative effects resulting from the abuse of digital drugs

- Part Three/ Methods of preventing drug abuse and methods of treatment

First requirement/ Methods of preventing traditional and digital drugs

Second requirement/ Stages of treatment and rehabilitation

- Conclusion
- References

Methods

This research employs a multi-faceted approach to analyze the complex issue of drug abuse and addiction. Initially, a comprehensive literature review will be conducted to gather existing knowledge on the socio-economic, cultural, and security impacts of traditional and digital drug abuse. This will be complemented by qualitative interviews with stakeholders, including health professionals, educators, and affected individuals, to gain firsthand insights into the personal and societal repercussions of drug addiction. Quantitative data will also be collected through surveys to measure the prevalence of drug use and its correlation with various demographic factors. Additionally, case studies of successful intervention programs will be examined to identify effective strategies for combating drug abuse. The integration of these methods aims to provide a holistic understanding of the problem and inform recommendations for policy and practice, fostering collaboration among international and national entities in the fight against drug-related challenges.

Results and Discussion
Part One
Definition Of Drugs And Psychotropic Substances

Drugs and psychotropic substances are the white poison that a person takes, weakening his soul and spirit and leading him to death while he is alive, so he becomes a burden on others, and drugs

are the scourge that has invaded the world with its various classes, and many people have tried to legalize and abuse them, but their symptoms refused to be legitimate, as they are the cause of people's death Slow down the death trade drugs and to discuss the subject we divide the topic into two requirements as follows- :

First requirement/ the concept of drugs and psychotropic substances and their types
To define drugs and psychotropic substances and explain their types we divide the requirement into the following two branches- :
First branch/ definition of drugs

Drugs technically: Drugs are defined as "those substances that lead their users and dealers to delinquent behavior. They are also those substances that cloud the mind, so their users behave deviantly. They are a natural or manufactured substance that enters the human body and affects it, changing its feelings, behavior, and some of its functions. Repeated use of this substance produces dangerous results on physical and mental health, and its effect is harmful to the environment and society. It is also a substance that causes a type of euphoria and pain relief. Whether it is a raw or manufactured substance, it affects the individual psychologically, physically, and socially." Drugs from a scientific perspective: A chemical substance that causes drowsiness, sleep, or loss of consciousness accompanied by pain relief, i.e. it makes the person sedated. Drugs from a legal perspective: Sharia law did not explicitly prohibit or permit drugs because they were not mentioned in the Holy Qur'an and Sunnah. However, considering their effects, which they share with intoxicants such as alcohol, jurists prohibited them by relying on analogy and based on what Islamic law states, such as the Almighty's saying: {They ask you about wine and gambling. Say, "In them is great sin and [yet, some] benefit for people. But their sin is greater than their benefit."} As for the Sunnah, several hadiths were mentioned in this regard, such as his saying (peace and blessings of God be upon him): "Every intoxicant is wine, and every intoxicant is forbidden." Wine is a substance that clouds the mind of its drinker and makes him engage in unconscious and socially unacceptable behavior, such as uttering obscene words or committing adultery, etc. It is like drugs, except that the latter are more dangerous in terms of their effect. They are also sedatives and everything that obscures the mind and senses without being accompanied by ecstasy or pleasure. However, if they are taken with them, they are intoxicants. Drugs from a legal perspective: They are "a group of substances that cause addiction and poison the nervous system, and whose trade, cultivation or manufacture is prohibited except for purposes specified by law and are only used by those licensed to do so. They include opium and its derivatives, hashish, hallucinogenic drugs, cocaine and stimulants, but alcohol, sedatives and sleeping pills are not classified as drugs despite their harm and their potential to cause addiction." The Iraqi Narcotics and Psychotropic Substances Law defines narcotics as "any natural or synthetic substance from the substances listed in (II), (III) and (IV) attached to this law (which are the lists of narcotic substances adopted by the Single Convention on Narcotic Drugs of 1961 and its amendments." As for psychotropic substances, "they are any natural or synthetic substance from the substances listed in Schedules (V), (VI), (VII) and (VIII) attached to this law (which are the lists of psychotropic substances adopted by the United Nations Convention on Psychotropic Substances of 1971 and its amendments".

Digital Drugs)) "Audio files and sometimes accompanied by visual materials, shapes and colors that move and change according to a studied rate under their engineering to deceive the brain and stimulate it to the variables caused by real drugs. They are not a tangible physical entity or drugs that are taken or inhaled, but they simulate the effect of the physical drug. They are digital drugs that have taken over people's lives and connected them to a spider network through which digital drugs

are marketed to any place in the world.

Second Part/ Types Of Drugs

Drugs are classified into two main types: traditional and digital. Each type has its symptoms, which we will discuss in the following paragraphs:

First: Traditional drugs are those that have been used for a long time and have clear effects on the body and mind. We can call them major drugs. Major drugs are the most dangerous types of drugs due to their toxic effects and health and social harms. They are known as major natural drugs in terms of color:

Black drugs: which tend to be black in color, such as opium and hashish.

White drugs: such as heroin, cocaine, and others.

In terms of source and origin, they are divided into several Parts:

Natural drugs: which are created and grown in nature, such as hashish, opium, khat, etc.

Synthetic drugs: which are chemically prepared in laboratories

As for the effect, they are divided into:

Depressants such as opium, morphine, heroin, codeine, benzodiazines, padiateurs, etc.

Stimulants such as amphetamines, cocaine, ephedrine, etc.

Hallucinogens such as hashish, phencyclidine, LSD, mescaline, etc.

Second: Digital refers to substances produced by industrial methods and used for recreational purposes. Different types of audio clips have been released

1. Alcohol waves: This clip aims to give the user a calm and relaxing effect similar to what alcohol gives when consumed

2. Opium waves: The opium clip makes the user feel euphoric, happy, and sleepy, and simulates the real effect of opium

3. Marijuana waves: Marijuana waves work to calm the body's functions and make the user feel a feeling similar to smoking the marijuana plant Joanna and entering a state of euphoria and calm.

4. Cocaine waves: It is a piece that carries notes that stimulate the nervous system, giving the same feeling as cocaine and generating a feeling of energy and activity.

5. Entertainment waves: This musical piece gives the user a feeling of entertainment and happiness as if he is living a state of comfort, pleasure and possessing everything he desires.

6. Crystal legend: A type of calm notes that induce relaxation, calm and hallucinations and evoke ecstasy and painful memories in the soul. These notes are of the calm motivational type that evokes daydreams for the individual and evokes joy and pleasure in his soul.

Part Three/ Symptoms of Drug and Psychotropic Substance Abuse

First: Symptoms of traditional drugs

*Drowsiness.

*Tremors

*Red eyes, dilated pupils.

*Lack of interest in personal hygiene and general appearance.

*Loss of appetite or increased appetite.

*Dark circles under the eyes.

*Sleep disorders Hallucinations

*Loss of self-control.

*Involuntary eye movements.

*Memory problem.

*Stuttering.

As for the symptoms of digital drug abuse

*It causes mood disorders such as depression and anxiety

*It causes memory problems and difficulty concentrating and remembering

*It also causes learning problems such as difficulty understanding and comprehension

*It also causes detachment from reality, nervous and muscle spasms, and involuntary screaming.

*Feeling of euphoria, increased energy and changes in perception

Second requirement: The reasons that motivate the use of traditional and digital drugs and

Psychotropic Substances

The reasons that motivate the use and addiction of drugs and psychotropic substances are many and varied and differ from one person to another according to the circumstances and environment surrounding him. There are many reasons that motivate this, including:

First branch/ Reasons that go back to the individual

1. Weak religious restraint in the addicted individual.
2. Sitting or keeping company with bad friends.
3. Belief in increased sexual ability.
4. Traveling abroad.
5. Feeling empty.
6. Love of imitation.
7. Staying up late outside the home.
8. Availability of a lot of money.
9. Social worries and problems.
10. Desire to stay up late and study
11. Low level of education.
12. Personal curiosity and desire to try drug use and ignorance of its dangers.
13. Drugs are prohibited substances in most societies around the world, so young people may use them as an expression of rejection of the prevailing social system and their departure from it.
14. Young people may use them to show that they are distinguished from others and that they have an identity that differs from
15. others.
16. The lack of full maturity of the personality and its escape from one reality to a less secure reality through the pleasure of drugs and the desire for independence from the outside world.
17. Disturbance in the relationship between the child and the parents, which leads to the child not feeling safe and the tendency to escape tricks.

The second Part/ The reasons that go back to the family

1. Bad example from the parents: This factor is considered one of the most important family factors that push young people to take drugs and alcohol. This is due to the fact that when the parents sometimes appear in front of their children in a shameful image represented by their committing adulterous acts while under the influence of drugs, this causes a violent psychological shock to the children and pushes them to try to reprimand them for the bad behavior they do.
2. Addiction of one of the parents: When one of the parents is addicted to drugs or alcohol, this has a direct impact on family ties as a result of the family suffering from discord and constant disputes due to the poor relations between the addict and the rest of the family members, which leads the children to deviate and get lost.

3. Parents being busy with their children: Parents being busy with raising their children by working or traveling abroad and not following up on them or monitoring them makes the children vulnerable to getting lost and falling into addiction and doubt that whatever the financial return from work or travel is, it is equivalent to the serious damage that befalls the children as a result of not taking proper care of them.

4. Lack of equality between spouses: In the case of lack of equality between husband and wife, the children are seriously affected, especially if the wife is the best in terms of her family's financial or social status, she is keen to always remind her husband of that, which causes many disputes that turn the home into an unbearable hell, so the son flees from home to where he can find comfort with bad company, and she also flees to some of her friends in order to waste time, and between the husband and wife the children are lost and the result is often their deviation.

5. Excessive cruelty towards children: It is one of the things that educationalists almost agree on that if the son is treated by his parents in a harsh manner such as severe beating and reprimanding, this will be reflected in his behavior, which leads him to disobey his parents and leave the home. The Arab among them searches for a shelter for himself, but he finds nothing but the society of evil people who push him towards the path of evil and drug abuse.

6. Parents taking too many medications and drugs: Children's curiosity and curiosity may lead them to take some of the medications and drugs that their parents took, which results in a lot of harm, the result of which may be falling prey to addiction to some of those drugs.

7. Family pressure on the son to excel: When the parents pressure the son and ask him to excel in his studies, although he is unable to achieve this, he may resort to using some stimulant or energizing drugs in order to stay up late, study and learn lessons, and thus he will not be able to do without them afterwards.

Third Part/ Reasons related to society

1. Reasons related to the society in which he lives if it is chaotic and there is weak control over the use of narcotic drugs and the availability of addictive substances through smugglers and the absence of educational and media awareness. Also, internal conflicts and wars between members of society deprive young people of family stability and care, depriving them of their parents. Wars lead to the displacement of families and weaken family ties and expose young people to harsh experiences that may push them to use drugs because from their point of view, it is the fastest way to get rid of these pressures and wars from the harsh reality that they will be able to confront or withstand.

2. The availability of addictive substances through smugglers and promoters.

3. The presence of recreational places in some societies without supervision

4. Bringing in marginal foreign labor that is not required by development processes in the Arab Gulf States.

5. Economic openness

6. The lack of role played by various media outlets

7. Leniency in the use of narcotic drugs and leaving them without supervision.

8. The absence of the school's message.

Part Four/ Reasons that affect the economy

The economic factor plays a role in the crime of drug abuse and trade in terms of resorting to drug trafficking. There are farmers who earn huge sums of money from drug cultivation and cannot do without it. Most of the agricultural and drug-producing countries belong to the so-called third or backward world and resort to this economic field in order to raise their standard of living. On the

other hand, poverty and destitution push young people to abuse drugs. This is due to the poor economic reality and they end up addicted to it. To obtain it again, the addict resorts to committing other crimes such as theft and fraud or accepts to be an intermediary for drug heroes. It should be noted here that it is the policy of drug dealers to offer drugs at low prices to young people. After addiction occurs, they offer other drugs of a different type, which makes the addict a prisoner of them and exploits him in selling drugs to others and expanding the circle of drug addicts.

Part Five/ Cultural Reasons

Cultural factors play an important role in including addicts in the list. Ibrahim Abdullah Al Khalifa's study entitled "The Effectiveness of Treating Drug Addicts in the Kingdom of Bahrain" summarized the study, which aims to know the effectiveness of the treatment provided to addicts and the problems they face during the addiction treatment period. The study used two questionnaires to collect data, the first allocated to addicts and the second allocated to the team supervising the treatment. Then the data was analyzed using the specialized package for social sciences to indicate a high percentage of addicts among the males, the elderly, the illiterate, those with an educational level less than high school and those who work in freelance work, while half of the addicts started their addiction in the age group (15-19).

Part Six/ Reasons for Digital Drug Abuse

1. Means of trading, promotion and sale: The media (the Internet is the means responsible for promoting digital drugs, as they have been traded in easy ways and available to everyone at any time and in any place inside the home and inside closed rooms where the parents are safe and secure from their children and away from the eyes of the specialized anti-drug teams, as the digital drug trade takes on a market and a headquarters for selling and promoting these drugs, which are audio and musical files of the well-known and widespread type (MP3) that are used through all means of communication, computers, laptops, mobile phones and tablets.

2. The cheap price: The promoters of these narcotic audio mixtures present them to young people on the basis that they are a type of drug whose effect mimics the same effect of the real world in real drugs, but at a cheap price ranging from three dollars to thirty dollars. Often, certain sites on the Internet on YouTube after including them as samples of free doses at first for young people, which makes most young people try them and fall easy prey to destroy a generation and then become addicted to them After that, as many studies indicate that digital drugs may be more dangerous than traditional drugs due to their ease of access, they can be obtained with one click via the Internet, scientific studies and research have confirmed the presence of clips in abundance on YouTube and many other sites.

3. Most countries do not feel the danger of digital drugs - Most countries do not sense the danger of this phenomenon and may not deal with it seriously as a dangerous phenomenon for the young and youth, which leads to its rapid spread in society and thus the phenomenon becomes an epidemic that is difficult to control in the future.

4. The absence of a legal ruling for prohibition, as there is no legal and decisive ruling prohibiting this phenomenon of digital drugs, which makes young people resort to it because they think that it is not prohibited. The basis for criminalizing information technology as a new form of crime is that the current legislation is not sufficient to confront it, which prompted countries to issue special criminal legislation based on it. Digital drugs are a new type of behavior that has taken the Internet as a main tool for committing it by listening to music files. If it does not fall under the criminal legislation for information technology crimes, prevention is better than cure, and the criminal legislator must confront it by enacting special criminal legislation that criminalizes

it. It is necessary to consider establishing departments and the extent of their potential impact on Internet users within the country and proposals to address and confront them, and that these specialized departments be established in the research sectors, the most important of which is the National Center for Social and Criminal Research, in coordination with the agencies designated to combat these criminal phenomena on the Internet, the most important of which is the Department of Combating Computer Crimes in the General Administration of Information and Documentation at the Ministry of Interior.

5. Governments' neglect of this phenomenon - The failure of the authorities to return the attention it deserves to this phenomenon of digital drugs resulted in the absence of a legal text that prohibits it, along with the absence of a penal text for anyone who manufactures, promotes, or uses it, which created a strong feeling among everyone that it is permissible and permissible to listen to it and to resort to using it.

6. Imitating the group of users who constitute pressure and temptation for the beginner.

7. Family disintegration: Marital disputes that reach the point of divorce, leaving children without a guardian or supervisor, indifference in raising children, the absence of the mother or father from the children for a long period, or being busy with their own problems

8. Curiosity and trying to know the truth of what the addict feels.

9. Weak religious restraint and not resorting to God Almighty in times of hardship and tribulation

10. Excessive luxury and abundance of money among many people.

11. Bad friends who make ugly actions seem attractive to people.

12. Deadly emptiness and trying to fill it by any means.

13. Escaping from facing problems and not being able to solve them, but escaping to the hell of drugs and vice.

14. The desire to increase the ability to work, stay up late, and study.

15. Imitating some famous artists and singers who use drugs.,

16. Poor upbringing and parents' lack of interest in raising children with a gentle religious upbringing.

17. The existence of gangs specialized in promoting drugs and facilitating their access to youth gatherings, universities and clubs.

Part Two

The Negative Effects And Harms Resulting From Drug Abuse

This Part addresses the most important organic, psychological, social, economic and political effects resulting from the abuse and addiction of psychoactive substances. We will limit ourselves to monitoring the most important changes that occur to abusers, such as organic, psychological, social, economic and political changes. It is scientifically proven that drug abuse harms the safety of the abuser's body and affects his mental functions such as attention, perception and memory. The abuser is a burden and a danger to himself, his family and his group of those around him, his morals and productivity, as well as to the security and interests of his society, and even to the political entity of the state.

First requirement/ The negative effects and harms resulting from the abuse of traditional drugs Drug abuse has many negative effects and harms that affect the individual and society in several aspects, which we will discuss as follows:

First Part: Organic effects and harms: Drug abuse causes the abuser to lose his appetite for food, which leads to thinness, emaciation, and general weakness accompanied by yellowing and pallor of the face. Abuse also leads to a disturbance in the digestive system, which results in indigestion. Abuse

also leads to damage and fibrosis of the liver, as the drug dissolves liver cells and causes fibrosis and an increase in the sugar level, which causes inflammation and swelling in the liver, stopping its work due to toxins that the liver is unable to rid the body of. It also leads to inflammation in the brain and the destruction and erosion of millions of nerve cells that make up the brain, which leads to memory loss, heart disorder, high blood pressure, and arterial explosion. Abuse also affects sexual activity, as it reduces sexual ability and decreases the secretions of the sex glands. Drugs are also the main cause of the most serious diseases such as cancer. The second Part: Social effects: The inability of the drug user or addict to establish successful social relationships with others, starting with his close group, then his neighbors, then his group of friends. The state of dependency experienced by the drug user or addict makes him more neglectful of his family. His role as a father declines to a large extent, and his evasion of responsibility towards it weakens his position in the family, disrupts his relationship with its members, and increases conflicts and disputes between them, especially between spouses. When his relationship with his wife deteriorates, the chances of divorce increase and the number of homeless children increases. His relationships with his neighbors also deteriorate, causing disputes, skirmishes, and quarrels. He also deteriorates with his colleagues and bosses, which leads to his dismissal from the family and his displacement, along with his family. Cases of family instability usually result in the deviation of one of the children, for example. The less the opportunity to acquire normal behavior within the family as a basic reference, the more the child resorts to peer groups as reference groups through which he acquires his standards and values. These values are not necessarily normal. The father's drug use or addiction affects the standard of living of the family and his inability to meet the necessary needs of his family due to his spending money on acquiring drugs. Calculating these needs, his rebellion against social values and standards and his tendency towards a life of isolation and introversion makes him more inclined to commit crimes and practice vice, and thus becomes a threat to the security and stability of society.

Third Part: Psychological Effects: The most important psychological effects resulting from drug abuse and addiction include -- :Low level of self-esteem and focus on the narcotic substance and how to obtain it without regard for his dignity and striving to satisfy his psychological and physical desire.

- Among the most prominent psychological harms of drugs are feelings of persecution, depression, psychological nervous tension, and auditory and visual hallucinations that may lead to fear, then madness or suicide.
- Loss of emotional balance in addition to anxiety attacks.
- Drug users are characterized by withdrawal and inability to enter into successful social relationships.
- Drugs affect the worker and employee, frequent quarrels, frequent work injuries, and leaving work.

Part Four: Economic Effects: Drug abuse and addiction are among the causes of poverty and need as a result of the abuser or addict wasting money on buying these poisons, i.e. drugs, and thus he becomes a burden on society and its economy, not an active individual in it, which sometimes forces him to bankruptcy and turn to theft and other crimes. The value of spending that users and addicts pay in national currency as a price to obtain narcotics in local markets, which is the national currency that traders and smugglers collect and then convert into foreign currencies illegally from local markets, which leads to a decrease in the value of the national currency compared to its announced government prices in comparison with the value of spending that users and addicts pay in national currency as a price to obtain narcotics in local markets, which is the national currency that traders and smugglers collect and then convert into foreign currencies illegally from local markets,

which leads to a decrease in the value of the national currency compared to its announced government prices in comparison with foreign currencies, which greatly harms the prices of national goods exported abroad and affects the prices of imported foreign goods. Drug abuse and addiction are among the reasons for leaving work or being fired from it as a result of the psychological and mental state that the user or addict becomes after taking drugs, and thus increases the unemployment rate in society. The fifth Part: Political effects and damages: The political entity of any country is shaken if it is not able and capable of extending its influence over its regions. It has been proven that many drug-growing areas in various parts of the world are not subject to the authorities of the countries in which they are located, either because they are considered tribal or because they are considered geographical. There are close links between international terrorism and the illegal trade in weapons and explosives on the one hand, and the illegal trade in drugs on the other hand. The political entity of the state is also shaken if the state is forced to resort to foreign armed forces to preserve its entity. This happened in one of the countries of South America, where there are gangs that grow cocaine and produce and smuggle it. They are well-organized gangs, and they have advanced weapons and modern means of transportation. These gangs were even found to have military bases and airstrips in their possession. These gangs have taken control of coca and cannabis agricultural areas and prevented government forces from entering them, which prompted the state to call for help and summon foreign forces. Separatist movements in the world are fueled by the money of drug dealers and drug smugglers. Drug dealers do not believe in any religion or creed, and they do not They belong to a homeland and have no concern other than thinking about the illegal financial gain from drug trafficking. They are willing to sell themselves, their families, their homelands and their people in exchange for being allowed to pass and smuggle drugs. They divulge secrets and provide information to enemies, which makes drug users and smugglers easy prey for access and communication.

The second requirement: The negative effects of digital drug abuse

The negative effects of digital drug abuse are represented in many aspects that we are examining as follows:

1. The first Part: The impact of digital drugs on the economy. Due to the spread of the problem of drug promotion via the Internet in the world, audio files have become a common method, as drug dealers use this method to spread their toxins to children, adolescents and young people in particular, and resort to victims through fictitious and emotional relationships, and communicate with them through continuous messages using digital drugs through hidden messages about natural or manufactured drugs. The economic damage caused by listening to digital drugs is very large, as these addicts constitute a major obstacle to development and economic progress, and leave a heavy burden on the nation with the loss of its national wealth, and the tragedies and disasters they bring to it. Studies conducted by researchers and specialists have proven that digital drugs are promoted through audio files that are downloaded from websites for a fee, for the purpose of psychological addiction, as the price of one file ranges between 3 and 9 dollars, while the first file for the user is free, and the files and doses, as the site calls them, are divided into classifications such as hallucinations, spiritual drugs, happiness, anti-anxiety, and fast drugs. Part Two: The effect of drugs on human health The brain will adapt after the false use of these audio files as it adapts to the consumption of narcotic substances; Which leads to the prevalence of headaches, nightmares and a feeling of discomfort, as the attacks are considered the most dangerous. These symptoms and rhythms lead to the user entering a state of short-term depression. Studies conducted on a sample of users have proven that they suffer from a state of short-term depression after the user leaves

the effect of the dose, which prompts him to take a second and third dose, and so on. "As for the effects indicated by some reports and studies, that this type of drug leads to psychological effects such as involuntary screaming, muscle spasms, nervous spasms, body tremors during the listening process, lack of concentration, detachment from reality, decline in performance at work, and failure in studies. Some studies have reported that the patient feels hallucinated, feels persecuted, fears others, and feels pursued by people who want to kill or harm him. Some doctors say that if the patient is not given sedatives to relieve the spasms, these cases may lead to the destruction of defense mechanisms or death. Some researchers have indicated that some addicts to digital drugs have noticed a decrease in the efficiency of memory for quickly retrieving information. One of the most dangerous effects of digital drugs is that they may lead to death, as Saudi circles reported the news of the first death due to digital drug use; as the Ministry of Health acknowledged its inability to access confirmed information of this type in record time. The Lebanese government also noted the need to increase the awareness of families about this type of drug, and called on various Lebanese government agencies to block websites that market and sell this music. Part Three: The impact of digital drugs on society. The alarming spread. The number of digital drug addicts is increasing, most of whom are young people in addition to children. The director of one of these websites states that the number of addicts registered on his site reaches 7,000 thousand addicts, including a thousand children between the ages of 10-14 from Baghdad Governorate alone. Then the number reached 25,000 thousand later), and this spread has created fears among followers in some different regions of the Arab world, as Arab laws today include penalties for using known traditional drugs, but they have not addressed the new issues in such a phenomenon because it is natural to amend the law to keep pace with the emerging danger, and these legal amendments do not take place except after there is a scientific and accurate opinion about the nature of these digital drugs and whether they fall within the approved legal description of drugs?

Methods of preventing drug abuse and treatment methods

The methods of preventing and treating drug abuse are numerous, as they include educational, social and psychological strategies. To discuss this, we divide the Part into two requirements as follows:

Requirement One/ Methods of preventing traditional and digital drugs

The role of the family in reducing the phenomenon of drug abuse: The family has an effective role in protecting its children from deviant behavior and drug abuse. It is primarily responsible for educating, guiding, and directing children by planting the seeds of self-confidence and making decisions based on good judgment and not being influenced or submitting to the pressures exerted by bad friends for the purpose of subjecting them to drug abuse. The stronger the family's influence on the individual, the less the influence of bad friends on him. Therefore, the father and mother must be good role models for their children by adopting good morals. 1- The role of the media in preventing the phenomenon of drug abuse: The media has become an essential and important element from the perspective of peoples and societies that cannot do without it. Rather, the media has become a basic source of information, culture, education, and changing attitudes and behavior in modern societies. The danger of the role played by the media in the lives of peoples is represented by the enormous influence it has on people's lives and the great and increasing trust that the public gives to the media. We can say that the danger lies in two contradictory directions. The first is the role that can convince the public to modify its behavior and change its attitudes and will for the benefit of society. As for the second direction, it lies in the negative values contained in the media, especially television drama, radio, and cinema, whether intentional or unintentional. Thus, the media has an important role in

educating young people about the seriousness of this problem and its enormous harm to society, the family, and the individual. The role of the media also stands out in reducing the negative models that drama plays, which cause the spread of this phenomenon.

The role of the religious institution in reducing the phenomenon of drug abuse: The Islamic religion has established a moral system that individuals follow, which is enjoining what is right and forbidding what is wrong. In Sharia, all harm that befalls a person is forbidden. His mind and soul or his religion or his money, and therefore drug use is forbidden due to the harm resulting from its use. The five objectives that Islamic law came with are the preservation of religion, honor, mind and money, and they are among the five necessities that Islam was keen to preserve and prohibited the deadly and destructive things that cause harm. Taking drugs is harmful from these necessities and objectives, so drug use and addiction are indisputably forbidden from the Islamic point of view, as it prohibited them categorically {And He makes lawful for them the good things and prohibits for them the bad{

The role of universities in preventing the phenomenon of drug use: The university is the stronghold of human thought at its highest levels, and a source for investing and developing human wealth. Universities care about the authentic heritage and traditions and Arab civilization and also taking into account religious, moral and national education at its highest levels, in addition to strengthening cultural, scientific and social ties with other educational institutions, whether foreign or Arab. Universities specialize in the following functions: Education and teaching - Scientific research - Community service. Universities employ their work in everything related to university education and scientific research in order to serve society and advance civilization while contributing to scientific progress, developing Islamic values and intellectual advancement, and preparing cadres equipped with the foundations of knowledge and high values to contribute to building society, making the future, and serving humanity. Universities have an important and high role in treating the phenomenon of drug abuse and following methods of prevention through their assigned function established in their laws. Through the education process, curricula and study plans will be developed that work to prevent and treat the phenomenon of abuse and show its negative social and health effects. Through the scientific research function, scientific studies and research are conducted on the danger of this phenomenon, explaining its causes and motives, and presenting proposals to treat this phenomenon, in addition to seminars, conferences, and educational scientific circles to study this phenomenon and develop the necessary solutions for it. As for the university's function in serving society, it creates groups of professors and specialists to tour institutions, schools, and sports clubs to educate them and explain the dangers of this phenomenon and reveal its negative dimensions for individuals. Society everywhere. Among the laws that emphasize the proper behavior of the university student inside the university campus are the Student Discipline Instructions in the Institutions of the Ministry of Higher Education and Scientific Research No. (160) of 2007 as amended, which referred to the obligations of the university student by saying "not to come to the college or institute while drunk or under the influence of drugs"

Methods of prevention from digital drugs

First: It is necessary to monitor and block these sites and audio clips before they are promoted and work to control their promoters by the relevant government institutions in cooperation with the Ministry of Communications and the Ministry of Interior.

Second: Carry out some innovative awareness activities and applications by the committees specialized in psychological guidance that are consistent with the way of thinking of young people and target schools and universities with these campaigns through coordination with their

management.

Third: Disseminate awareness methods to families by building bridges of cooperation between the educational counselor, the school and the adolescent's family.

Fourth: It is recommended not to place computers inside juvenile rooms and it is preferable for the devices to be in an open place so that the child feels supervised.

Legislative efforts in the field of combating the phenomenon of drug abuse

The latest Iraqi legislation in the field of combating drugs is the Narcotics and Psychotropic Substances Law No. (50) of 2017. The aim of the law is to develop the state authorities that specialize in combating drugs and psychotropic substances, in addition to using the necessary measures to reduce the spread of the phenomenon of drug abuse, addiction and illegal trafficking, and adopting preventive, therapeutic and rehabilitative mechanisms for users. This law has referred in its texts to the special penalties for drug dealers, drug users, and drug traffickers, including the death penalty, life imprisonment, temporary imprisonment, and a fine, in addition to referring to the aggravating circumstances of the penalty. As for digital drugs, the above law did not refer, even remotely, to this new type of addiction and drug use. There is no legal text that criminalizes their use, circulation, or use. The absence of a legal text makes digital drugs permissible and non-criminal, which helps in their spread, use, and addiction without fear of criminal liability. This is a problem that the legislator must pay attention to. The second requirement / stages of treatment and rehabilitation If the individual's opportunity for prevention slips away, we must cling to the opportunity for treatment as the last solution, whether to reach the individual's deliverance from those devastating health damages or to save him from the suffering and pain of the withdrawal stage alike. Addiction treatment has successive stages that cannot be divided by being satisfied with one stage without the other or applying some of them together because that harms it and weakens its results. It is not permissible to be satisfied with the first stage, which is ridding the body of addictive toxins without psychological and social treatment. As treatment is a single unit, it is also a collective effort that begins with the addict himself, who must be given the opportunity to contribute positively to its success, even if the treatment changes his will, such as by a court ruling or under pressure from the family. Rather, the participation of the family itself is necessary in all stages of treatment. It is necessary that treatment not be limited to all of that, but rather the therapeutic specialties must be integrated to reach the desired result, which is complete recovery, not partial or limited recovery. In general, the more the number of relapses increases and the more dangerous the addictive substance is, the more stringent the criteria for recovery must be, even those that occurred in criminal behavior, whatever it may be. Limited

Detoxification stage-:

It is basically a medical stage because the human body in normal conditions gets rid of toxins automatically. Therefore, the treatment provided to the addict in this stage is to help this body to perform its natural role and also to alleviate the withdrawal pain while compensating for the lost fluids. The symptoms resulting from or compounding the withdrawal stage were treated.

Psychological and social treatment stage- :

If addiction is a social and psychological phenomenon in the first place, then the stage becomes a necessity as it changes the real treatment for the addict, as it focuses on the problem itself with the aim of eliminating the causes of addiction. This therapeutic stage includes the individual change of the addict and then extends to the family itself to treat the disorders that have affected the relationships of its members. This stage includes the causes of the addict on how to make decisions, solve problems, face pressures, how to relax, breathe, meditate and sleep healthily. It also includes

treating the original psychological cause of cases of addiction, for example, treating depression if it exists or other psychological problems. Finally, it includes sports therapy to restore the addict's physical efficiency, self-confidence and the value of respecting the purity of his body and its effectiveness after that. 3- Therapeutic procedures until rehabilitation:

Rehabilitation and treatment are two sides of the same coin. It is not possible to suffice with the treatment stage only without reaching the ultimate goal of treatment, which is rehabilitation to transform this addicted individual into an active member of the society in which he lives. Therefore, there should be no dividing lines in that treatment stage for the addicted individual, but rather they are comprehensive stages that overlap with each other. Providing integrated medical, psychological and social treatment and rehabilitation is what is required for the addict. The state must, in accordance with the international agreements to which it is a party, care about the treatment and rehabilitation of the addict and complete the path to its end.

Digital treatment mechanism

The necessity of introducing strict laws that criminalize the use of this type of drugs.

Activating the role of anti-drug teams and training them to deal with sites that promote this type of drugs and monitoring and blocking them by the relevant state agencies.

Creating a new type of international cooperation to reach these sources and sites and take the necessary legal action against them.

Designing programs to prevent digital drugs depends on knowing the reasons and motives that lead teenagers to use them.

Activating the role of social specialists within schools and high schools and in special workshops on the art of positive interaction with social media and emphasizing the continuation of monitoring and confronting negative phenomena in cooperation with the student's family to be fully protected by the family and school.

Conclusion

The problem of drug abuse is one of the most important problems in the modern era, and it can even be said throughout the ages, because this crime in its various forms and its associated effects greatly affect the state's economy and eliminate the youth who are the nation's hope for progress and development, undoubtedly requires confrontation at all levels to prevent the growth of this crime and its effects. International and regional bodies must work together to find radical solutions and allocate scientific, medical and social competencies to try to address the resulting regional and international dangers and spend huge sums of money to limit its spread and spread, which requires countries and governments to support the role of the world's media in developing cultural awareness and clarifying the harm caused by the addict through the experience of addiction. And work to develop religious awareness among young people and increase the provision of preaching and guidance to them. In addition to providing real job opportunities for young people so that they occupy their minds with what restricts them and benefits society, in addition to conducting more field research and studies.

1. The phenomenon of drug abuse is one of the dangerous phenomena for national security due to its association with money laundering, terrorism and organized crime.
2. Despite the strenuous efforts made by the security, national and international agencies in combating drugs, it has worsened and transformed from a limited spread to a social, economic and political problem that threatens individual and societal security.
3. The problem of addiction and abuse is a social problem that society suffers from as a whole, so all official bodies should participate to find a solution to this problem and open the way for

scientific research into the causes of the phenomenon to include all the complex fields of the problem.

4. Combating drugs is a shared global responsibility that must be addressed within a multilateral framework by following an integrated and balanced approach consistent with the United Nations Charter, international laws, constitutions and legislation of countries.

5. There is a deficiency in the media, as it is still limited in participation with the competent agencies in combating the phenomenon of drugs.

6. Digital drugs are one of the newest types of drugs that have the same effect as traditional drugs on the mind.

7. Digital drugs do not have any positive effects, but rather are completely destructive to humans.

8. Digital drugs work to disrupt the purpose of the mind and the degree of disruption is in the necessities; Because if the mind is lost due to this drug, life will not be straight, but rather corrupt.

Recommendations

1. Emphasizing the role of the family in the first place in preparing the social, health and economic conditions for raising their children according to sound ethics and foundations that protect them from the risk of falling into drug abuse by achieving family cohesion and providing a healthy social climate and a balanced emotional climate and continuous follow-up and filling free time with useful things and adhering to good role models and staying away from bad friends, and paying attention to sound religious awareness.

2. Educational institutions, including universities and schools, should provide and prepare a sound educational and pedagogical climate and prepare a specialized educational curriculum and programs to raise awareness of the dangers of drug abuse and its negative effects on individuals and societies and pay attention to developing the talents and abilities of young people and following advanced educational methods in curricula to build a generation based on a solid foundation of awareness and education, in addition to introducing the topic of drugs and stimulants into college curricula.

3. Holding seminars, conferences and study groups in educational and religious institutions and in all governorates and assigning specialists to give lectures that include awareness, prevention and treatment methods, the role of the family in reducing the dangers of drugs, focusing on the religious aspect and assigning mosque preachers to warn worshipers of the dangers of drugs.

4. Preventing or reducing the sale of painkillers except with a prescription, and for doctors to have important tasks to educate citizens about the dangers of drugs and the resulting damages and prevention and treatment procedures. By establishing hospitals and specialized centers to treat drug addicts.

5. The government must provide security, safety, stability and a happy life for its people and tighten control over suspicious areas and housing and inspect them whenever necessary, so that inspections and control of border crossings are carried out with imposing control and tightening.

6. Activating the role of civil society organizations in contributing and raising awareness of the dangers of drugs and the resulting health and social damages and harmful and deviant behaviors that harm society and revitalizing the level of university education and moving it electronically to all stages.

7. Adopting legal mechanisms to control smuggling methods and the production of narcotic and psychotropic substances, and tightening state control and developing its procedures on farms

suspected of growing drugs or that are used in the manufacture of painkillers, provided that this is done in coordination with clans and agricultural associations.

8.   The necessity of expanding the methods of publishing and promoting the dangers of drugs in various and attractive ways in public streets and state institutions, and the media should increase their activities that aim to clarify the dimensions and aspects of the problem of drug abuse and its negative effects and work to find solutions to limit the exacerbation of the problem and ways to treat it and rehabilitate users. And employing the Internet networks to launch well-studied media campaigns to confront drug crimes and include them within the framework of strategic plans prepared to combat drugs.

9.   Deepening political values in the souls of the members of society and working to enhance their political participation and work to combat the deadly vacuum and the unemployment problem that many young people suffer from by providing equal job opportunities and developing social and cultural programs to develop the awareness of young people and open their minds and provide them with opportunities for creativity through sustainable cultural, sports and social development activities through educational institutions, associations, sports and theatrical clubs and others.

10. Amending the current law on drugs and psychotropic substances to rise to the level of seriousness of the crime of drug abuse and limit its spread, as well as to include within its scope the criminalization of the acts of selling, promoting, using and addicting drugs through stores and digital sites, as well as criminalizing the use of digital drugs, to achieve the interest worthy of legal protection and represented in preserving the body, mind and health of the human being, which is one of the five necessities.

11. Calling on the Iraqi legislator to enact the Cybercrime Law to strike the hand of those who dare to exploit the digital information network for criminal acts and target the youth and involve them in drug abuse of all kinds, traditional and digital, and impose strict penalties on them.

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