

## Religious Values and Spiritual Needs in The Modern Family: Social Philosophical Analysis

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### ABSTRACT

**Objective:** This study explores the relationship between religious values and spiritual needs in contemporary families, particularly the increasing conflict between traditional beliefs and societal changes. While religious values are recognized as essential for maintaining moral and social stability, limited attention has been given to how modern technological advancements and evolving social structures influence spiritual needs within families. **Methods:** A qualitative, socio-philosophical approach is employed to analyze historical texts, legal frameworks, and theoretical discussions. This method allows for an in-depth evaluation of how the role of religious values in family life has transformed over time in response to societal shifts. **Results:** Findings indicate that while religious traditions remain fundamental to family stability, increased exposure to digital culture and globalization leads to a decline in spiritual engagement among individuals. This disengagement contributes to family conflicts and identity crises. The study highlights the necessity of adapting religious values to align with evolving societal norms while preserving moral integrity within family life. **Novelty:** This research provides new insights into the intersection of religious values, spiritual needs, and modern technological influences on family dynamics. It emphasizes the importance of policy and educational initiatives in fostering an environment where spiritual well-being coexists with societal advancements, ultimately ensuring family cohesion amid rapid social transformations.

## INTRODUCTION

One of the main reasons why we call modern families a modern family is that today's young people can use advanced technologies in keeping with the times, they can quickly learn about the events happening all over the world, moral and immoral behavior of people through the Internet. It is good to be aware of information and information quickly, but as a result of this, people lose their identity, their spiritual level decreases, they lose their religious values, and their religious knowledge decreases. This brings out religious values and spiritual needs in families. causes various conflicts in families. The family is a small unit of society. Conflicts that arise in the family also have an impact on society. President of the Republic of Uzbekistan Sh.M. In his speeches, Mirziyoyev pays special attention to the family and its place in society. For example, during his visit to Surkhandarya region on January 19-20, 2018, during a meeting with regional activists, he said: "The greatest happiness, I will not tire of repeating it a thousand times, may our family rest in peace!" A family is a small homeland, if the family is peaceful, if it is happy, the homeland will be peaceful. May we all be blessed to see those happy days, the perfection of our country and our youth as we are now intending!" [1], he noted

## RESEARCH METHOD

The topic "Religious values and spiritual needs in modern families: socio-philosophical analysis", the role of the family in modern society and religious-moral leads to an interesting and important discussion about the influence of values. There are several key aspects to consider when analyzing this topic:

The relationship between religious values and spirituality In modern families, there are interactions between religious values and spiritual needs. Religious values are often considered as the basis of family life, [2] they form the internal stability of the family, child upbringing, social responsibility and moral values. At the same time, spiritual needs are related to issues such as inner peace, living a fuller life, self-awareness and the pursuit of goodness. The lack of these concepts in today's modern families leads to an indifference to the sacred place called family [2].

In the East, including Uzbekistan, the family is formed as a real family from the beginning to the present time, it has traveled a multifaceted and complex path. In each historical period, the mutual relations of family members were enriched with various content, and the family survived the complex tests of the time and preserved its character as the foundation of society [3]. He withstood the negative propaganda of Western scientists who preached that "the family is a space that limits human freedom" [4]. Because the family is a space that satisfies human needs; A small Motherland, where the family created comfortable living conditions for a person; "The family is the center of education that ensures the eternity of life, the continuity of generations, preserves our sacred traditions, and directly affects how future generations will become human beings" [4].

Modern family and religious values: Adaptation of modern family structure and religious values to new social conditions reflects major changes in society. Many modern families are moving away from religious traditions or adopting them in updated forms. For example, ideas based on freedom and personal choice can sometimes conflict with traditional religious rules. Also, the integration of different religious trends and values plays an important role in meeting spiritual needs in modern families. Such situations lead to the loss of traditional religious values. In such cases, low religious knowledge can also be observed in young families. Spiritual needs are also caused by disorganized families or different families causes impurities to occur. Socio-political and economic development of the society is not only natural resources, favorable climatic conditions first of all, healthy people with high spirituality increases. The first buds of human spirituality are formed in the family. Family a person whose moral and legal foundations are stable is the first ground of upbringing. That is why, first of all, religious values and spirituality should be formed in the family [5].

In the Uzbek people, the relationship to the family has been strengthened since history. For example: "Avesta" created on the shores of the Amudarya by Zoroaster, who was considered the first philosopher, orator, poet, sage, and genius of the Uzbek land between the years 548-529 BC, presents logical ideas related to family relations. According to it, even if a man has the ability to leave offspring, but if he does not marry, he will be branded or forced to walk around with a chain tied around his waist. In

"Avesta" it is forbidden for relatives to start a family with each other. This was done to keep the blood of the people and the clan pure and the generation flawless" [6].

## RESULT AND DISCUSSION

### *Results*

**Family and Society: A Social Philosophical Analysis** When analyzing the social importance of religious values and spirituality in modern families, it is necessary to take into account the connection between family and society. The family is the main part of the social system, and its formation and development is closely related to the socio-philosophical approaches, religious views, and moral standards of the society. Conflicts between family and religious values in modern society, as well as how these conflicts are resolved, affect the formation of a new social paradigm[7].

Family, - says the first leader of our country, I.A. Karimov, - is life the center of education that ensures the eternity, the continuity of generations, preserves our sacred traditions, and at the same time, directly influences the future generations to become human beings..."[8]so, of course, the sacred place called family is of great importance should be given.

**Spiritual needs and personal development:** In the context of the modern family, spiritual needs have become an important part of personal development. Such needs are often based on individualistic principles and require an awareness of the individual's uniqueness and a desire to choose a conscious and purposeful way of life. And religious values provide some practical and moral support in this process. In the current era, the spirituality of young people is being taken over by irreplaceable ideas. And this brings out spiritual needs in families. At this point, we should remember the words of our first president, Islam Abdug'aniyevich Karimov: "Consequently, any threat directed against spirituality can become one of the serious threats to ensure the security of the country, its national interests, the future of a healthy generation, and ultimately lead to a crisis in society. When the time comes, I would like to repeat a point I made earlier: there is no vacuum in this world, neither in nature nor in society. If there is a void somewhere, there is no doubt that someone will try to fill it" [9].

Today we live in such dangerous times. The reason is that if we do not direct the spiritual needs of young people to the right path, the spiritual void created in them may be occupied by destructive ideas. These are spiritual threats to our spiritual world. "Spiritual threat is, first of all, an ideological threat directed against the existence of a free human being in the sense of loin 13, regardless of language, religion, or belief, with the aim of destroying his spiritual world. , I think it is permissible to mean ideological and informational attacks".

**The role of religious values in modern society:** In modern society, religious values play an important role in providing inner peace and spiritual stability for many people. However, social changes, technological progress and globalization processes have changed the place of religious values in society. New forms of religious life and the evolution of traditions are influencing how the spiritual needs of society change.

Reconciling religious values and spiritual needs in modern families is a complex social and philosophical issue. Some family forms incorporate religious practices that conform to the new rules, while others have difficulty implementing religious practices. In this matter, discussions within the family and renewal of family traditions take an important place.

The first President of the Republic of Uzbekistan I.A. Karimov said, "The family is the cornerstone of our social policy aimed at social support. We attach great importance to increasing the role of the family in strengthening the social foundations of our country, its stability, and in raising a physically strong, spiritually rich generation" [10]. He didn't say that for nothing. Because the family is the support of the state and society. Every direction of the state policy is related to the family, that is, the future generation is born, formed and matures in the family.

### *Discussion*

Today, a number of reforms are being implemented in our society to strengthen and improve families. Implementation of these reforms is focused on creating a healthy environment in our society [11]. In order to prevent the majority of young people in our society from being connected to the virtual world, from being deceived by someone through social networks, from being subjected to various pressures, laws are being developed in our society to prevent human rights [12], [13]. We can see the following laws: "On Protection of Women from Harassment and Violence" (2019), "On Guarantees of Equal Rights and Opportunities for Women and Men" (2019 ) Laws, Decree of the President of the Republic of Uzbekistan dated February 2, 2018 "Measures to fundamentally improve activities in the field of supporting women and girls and strengthening the family institution Decree No. PF-5325 of June 27, 2018, Resolution No. 3808 of the Cabinet of Ministers of the Republic of Uzbekistan dated June 26, 2018 "On approval of the concept of strengthening the family institution in the Republic of Uzbekistan" "On measures to organize the activities of the scientific and practical research center "Family" under the Cabinet of Ministers of the Republic of Uzbekistan" dated March Legal and regulatory documents such as Resolution No. 229 can be noted [14], [15]. Such legal and regulatory documents serve to strengthen families in our society. A strong family and a healthy society have a strong future [16].

### CONCLUSION

**Fundamental Findings :** Religious values remain a cornerstone in shaping moral and spiritual standards within families, yet modern dynamics necessitate an adaptive approach to spiritual fulfillment. As societal structures evolve, the integration of traditional religious values with contemporary spiritual needs becomes essential for fostering personal growth and societal harmony. **Implications :** Recognizing the interplay between religious values and modern spiritual needs highlights the importance of legal and regulatory frameworks in supporting family and societal development. These frameworks help individuals and young families find their place in society while

ensuring a balance between tradition and modernity. **Limitations** : Despite the significance of religious values, their application in modern families may face challenges due to varying interpretations, generational differences, and societal changes. The effectiveness of regulatory documents in addressing evolving spiritual needs remains limited by cultural diversity and individual perspectives. **Future Research** : Further studies should explore how different religious traditions adapt to modern spiritual demands while maintaining their core values. Additionally, research should examine the effectiveness of legal and policy measures in fostering a holistic approach to spiritual and family development in a rapidly changing society.

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