

## Theoretical Basis of The Use of Heuristic Tasks in The Learning Process

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### ABSTRACT

**Objective:** This study aims to examine the theoretical foundations of heuristic education and assess the effectiveness of heuristic tasks in fostering students' intellectual independence, research skills, and creative thinking within general secondary education. **Method:** A qualitative research approach was employed, involving theoretical analysis of classical and modern pedagogical works, as well as a review of educational reforms and practices in Uzbekistan. **Results:** The findings indicate that heuristic methods – such as tasks, guided conversations, and problem-based questioning – play a significant role in developing students' logical reasoning, creativity, and research capabilities. However, despite their cognitive and developmental potential, these strategies remain underutilized in mainstream curricula. **Novelty:** This study provides a comprehensive synthesis of heuristic education by integrating insights from both Eastern and Western philosophical traditions with contemporary pedagogical models. It highlights the relevance of heuristic strategies in 21st-century education and emphasizes their transformative role in shifting learning from passive reception to active inquiry.

## INTRODUCTION

In the modern educational landscape, fostering students' research skills, critical thinking, and intellectual independence is a central objective of pedagogical innovation. One of the most effective methodologies to support this goal is the heuristic approach, which emphasizes discovery, inquiry, and active learning. Rooted in the Greek term "heuriskein," meaning "to find" or "to discover," the heuristic method encourages learners to explore knowledge through guided problem-solving and logical reasoning. This approach does not merely deliver information but engages students in the process of generating it, fostering curiosity and deep comprehension. Historically championed by philosophers such as Socrates, Aristotle, and Eastern scholars like Al-Farabi and al-Khwarizmi, the heuristic method has proven its relevance across centuries as a tool for intellectual development. In the context of general secondary education, heuristic tasks and dialogues serve as powerful means of cultivating students' research skills, promoting creative thinking, and encouraging independent exploration. Despite its established potential, the application of heuristic methods remains underutilized in today's classrooms. Therefore, this article explores the theoretical and historical foundations of heuristic education, analyzes the contributions of key pedagogical thinkers, and examines the practical integration of heuristic tasks in the learning process. The aim is to provide a systematic understanding of how heuristic methods can enhance educational outcomes by nurturing a research-oriented mindset in students. Through heuristic

conversation and inquiry-based learning, the educational process becomes more dynamic, engaging, and aligned with the demands of the 21st century, enabling students to become not just recipients of knowledge, but active participants in its construction.

## RESEARCH METHOD

This study employs a qualitative and theoretical research methodology centered on analyzing the heuristic approach as a pedagogical tool for developing students' research skills. The research draws upon a historical-comparative framework, examining the contributions of classical philosophers such as Socrates, Aristotle, and Eastern scholars including Farabi and Beruni, whose use of heuristic dialogue laid the foundation for inquiry-based learning. A literature review was conducted to assess the works of modern pedagogues and researchers like Kulyutkin, Andreyev, Safarova, Khutorskoy, and others, who have explored heuristic methods in contemporary educational settings. Through textual analysis, the study identifies key components of heuristic education such as heuristic tasks, conversations, and questioning, emphasizing their didactic functions and cognitive benefits. The methodology involves conceptual analysis of terms like "heuristic education" and "heuristic task," grounded in etymological origins and applied definitions within educational discourse. The paper also synthesizes insights from Uzbekistan's educational reform documents and international pedagogical theories to evaluate how heuristic strategies can support the goals of the national curriculum, particularly the development of logical thinking, creativity, and student autonomy. The research approach is descriptive and analytical, aimed at highlighting how heuristic tasks can be systematically integrated into the curriculum to foster student-led exploration and intellectual development. By integrating classical educational theory with modern pedagogical applications, the study demonstrates how heuristic methods serve not only as instructional tools but as foundational strategies for cultivating research-oriented learners.

## RESULTS AND DISCUSSION

The heuristic approach serves to ensure the quality and efficiency of the process of intellectual development of students, creating favorable conditions for the development of research skills in them [1].

### Research

1. Research work, investigation, study work.
2. The result of scientific investigation work. Engaging in research, research work [2]. The national program for the development of general secondary education pays special attention to encouraging students to be inquisitive and research-oriented. Heuristic tasks are especially important in developing research skills in students.

**Heuristic education is** - education based on heuristic methods used to organize independent, active, creative activities of students [3]. "Heuristics" is a Greek word that means "I look for", "I find", "I discover".

In the process of general secondary education, students initially conduct small studies as a result of acquiring research skills. When we deeply analyzed current pedagogical practice, we were able to determine that heuristic questions and tasks are not being used sufficiently to develop students' research skills [4].

The requirements of the Republic of Uzbekistan for general secondary education are set out in the Law of the Republic of Uzbekistan "On Education", the Decree of the President of the Republic of Uzbekistan "On the New Development Strategy of Uzbekistan for 2022-2026" No. PF-60, and the resolutions "Strategy of Uzbekistan - 2030" on the comprehensive development of students, teaching them logical, critical, independent thinking, forming research skills, in short, developing the skills of the 21st century [5]. Heuristic approaches are of particular importance in the application of scientific approaches related to solving these tasks to the pedagogical process. In particular, heuristic tasks, in addition to serving to ensure the productivity of the educational process, direct students to research. Based on the heuristic approach, students have the opportunity to develop research, initiative, creativity, and independent decision-making skills [6].

The heuristic approach in education has a long history, and was used by ancient philosophers Aristotle, Plato, Socrates, and Eastern scholars Abu Nasr Farobi, al-Beruni, al-Khwarizmi. The heuristic approach includes heuristic tasks, heuristic methods, heuristic questions, technologies, and conversations. The heuristic approach includes interrelated questions and tasks that encourage students to engage in creative research. Students try to answer such questions with comprehensive, deep thinking, based on research and logical thinking. The basis of the heuristic approach is logical thinking, research, and cognitive activity.

Eastern thinkers gave priority to the heuristic approach in their pedagogical teachings [7]. Within the framework of the heuristic approach, our ancestors paid special attention to teaching questions and tasks that served to develop students' logical thinking skills and encouraged them to research. Such tasks played an important role in assimilating the knowledge acquired by students into their experience. The heuristic approach was especially paid to by the great representatives of the teachings of Sufism, Hakim Termizi, Najmiddin Kubro, Abdukholiq G'ijduvani, and Bahauddin Naqshband [8]. They encouraged their students to analyze and research by organizing heuristic conversations with them. Organizing heuristic conversations played a special role in the pedagogical activities of thinkers.

**Heuristic conversation is** - a form of teaching aimed at helping students draw certain new conclusions and discover information based on previously acquired knowledge and observations using problematic questions posed by the teacher [9]. In the past, the heuristic approach was widely used by teachers, pedagogues and methodologists teaching in the fields of philology and mathematics. Heuristic tasks are intended to be used to expand students' ability to think logically, to train them to be researchers, and to make non-standard decisions. Over time, heuristic tasks have been

widely used in the teaching of all subjects. They have helped to expand students' logical, creative thinking and social experience [10].

The problems of the heuristic approach were first studied by the famous Greek mathematician Pappus Alexandriysky in the 3rd and 4th centuries. Later, in the 17th century, the famous French scientist Rene Descartes (1596-1650) was engaged in it. According to them, heuristic methods are of particular importance as a universal method. In a word, heuristic education is a method of teaching students to heuristic-research activities using heuristic questions in the educational process [11]. In this process, students are required to be resourceful, meticulous, creative, inquisitive, logical observation, form a system of goals, and understand the gradual development. As a result, practical action mechanisms aimed at active research are formed in students. Thanks to such an action, the general secondary education process acquires a creative character and the opportunities for developing research thinking in students expand.

According to Yu.K.Kulyutkin, on the basis of the heuristic approach, students develop the skills of searching for new, non-standard solutions to the problem. As a result, they get used to working on small projects. They develop the skills of searching for specific solutions to problems [12].

The well-known teacher V.I.Andreyev emphasizes the need to understand certain methods within the framework of heuristic methods. As a result of completing heuristic tasks, students develop the skills of carrying out creative research at the stages of completing problem tasks, using optimal strategies for this, and conducting small studies on small problems, which gradually develop.

Based on the heuristic approach, students develop the ability to search, intellectual activity, and independence [13]. The heuristic approach is an effective but unreliable practice in which the probability of things is assessed from the point of view of their presence in memory.

Most experts have recommended the use of heuristic tasks in developing students' research skills. The works of R.G. Safarova, B.R. Adizov, M. Mahmudov, Kh. Ibraimov, B. Khodjayev, G. Nafasov, N.G. Dilova, D. Gaipov, E. Davletov are among them. Heuristic questions and tasks allow for regular monitoring of the knowledge and cognitive skills acquired by students.[14] In this case, the tasks presented by the teacher form the experience of using research skills in students.

R.Safarova, D.Gaipov, G.Nafasov, B.Khodzhayev, A.V.Khutorsky, G.M.Kuleshova, G.A.Andrianova were able to substantiate in their research that the heuristic approach has a number of didactic possibilities [15].

They are:

1. Thorough mastering of scientific knowledge, research skills, logical thinking, creative activity methods;
2. Development of students' research skills based on cognitive thinking;
3. Carrying out small researches, applying the acquired knowledge in various situations;
4. Formation of cognitive activity that serves to complete problematic tasks;

5. Manifestation of creative qualities in the process of carrying out small researches;
6. Work on specific projects;
7. Successful combination of traditional and new methods of research skills;
8. Methods of mental activity, research;
9. Presentation of the results of their research.

The heuristic approach, in addition to serving to form research skills in students, ensures the productivity of the educational process and expands the possibilities of achieving educational goals. This approach creates conditions for students to conduct research. Ancient Greek philosophers used heuristic questions, heuristic tasks, and heuristic conversations to ensure the productivity of the educational process. As a result of their promotion of the concept of the heuristic approach, the “Socratic question-and-answer” model emerged. This model primarily served to expand the possibilities of students for logical thinking and logical observation. Therefore, the heuristic approach serves as the methodological basis for creative research activities.

## CONCLUSION

**Fundamental Finding :** This study concludes that the heuristic approach serves as an effective pedagogical framework for cultivating research skills, critical thinking, and intellectual independence among students in general secondary education, shifting the learning process from passive absorption to active inquiry. **Implication :** These findings underscore the importance of integrating heuristic methods – such as exploratory tasks and dialogic learning – into curriculum design to align with 21st-century educational priorities and national reform goals, particularly in fostering student-centered and research-oriented learning environments. **Limitation :** The study is primarily theoretical and draws upon existing literature and philosophical perspectives, with limited empirical validation of heuristic methods in classroom practice. **Future Research :** Further investigation should focus on longitudinal and experimental studies assessing the impact of heuristic strategies on students' academic performance and research competencies across diverse educational settings, as well as exploring teacher preparedness and institutional readiness for implementing such approaches at scale.

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