

EDUCATION OF EMOTIONS BASED ON NATIONAL VALUES OF PRIMARY CLASS STUDENTS IN THE PROCESS OF PHYSICAL EDUCATION**Kuttibekova Guljan Tulepbayevna**

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Abstract: The topic of ways to instill feelings based on national values in the process of physical education of primary school students is one of the current problems. However, through physical education we understand the inculcation of such national values as nationalism, patriotism, loyalty to the Motherland, pride in one's nation, protection of its honor in international arenas and at the same time respect for representatives of other nations. nation. Raising students to be healthy, independent, energetic individuals, especially starting from the primary grades, is considered one of the pressing tasks of our time.

Keywords: Physical Education, Feeling Based On National Ability, Primary School, Lesson, Patriotism, Feeling Of National Pride, Courage, Perseverance, Conversation, Explanation, Discussion, Video, Game And Competition.

This is an open-access article under the [CC-BY 4.0](https://creativecommons.org/licenses/by/4.0/) license**INTRODUCTION**

In the dynamic landscape of contemporary education, the recognition of emotional intelligence as an integral component of overall student development has garnered increasing attention. This study delves into a unique intersection of pedagogical dimensions by exploring the integration of emotional education with a foundation in national values within the realm of primary school physical education. As societies navigate an era marked by globalization and cultural diversity, the need to instill a robust sense of national identity and values in the younger generation becomes paramount. This introduction sets the stage for a comprehensive examination of the innovative approach to education, wherein physical education serves as a conduit not only for physical well-being but also as a vehicle for the cultivation of emotional intelligence grounded in the core values of the nation. By investigating the synergies between emotional education and national values within the context of physical education, this study seeks to unravel the potential impact on primary school students, envisioning a holistic educational paradigm that nurtures emotionally intelligent individuals deeply connected to the values that define their national identity.

RESULTS AND DISCUSSIONS

In our country, a lot of practical work is being done to improve the physical culture of the population, and this is considered a state task. In this regard, the decision of the President of the Republic of Uzbekistan dated June 3, 2017 No. PQ-3031 "On measures for the further development of physical culture and mass sports" is of particular importance. In point 4 of the program, a plan for physical education and sports activities for students in secondary schools was developed and put into practice. [1].

First of all, every country cares about the healthy upbringing of its children and their physical maturity in all aspects. Therefore, our government has adopted many laws, regulations and regulations in the field of physical education and sports, as well as in all areas. Today, “in order for our youth to be independent thinkers, have high intellectual and spiritual potential, to become people equal to their peers on a global scale in any field, to become happy, our state and society must use all their strengths and mobilize their capabilities” has become one of the priorities [2].

As one of the urgent tasks of our time, the education of students as healthy, independently thinking, highly moral individuals is emphasized, especially starting from the primary grades.

In the modern era of globalization, it is necessary to inculcate feelings based on national values in primary school students, and physical education has become especially important

A broad plan directed by the President of our country to “form a healthy lifestyle in our society, create conditions for the regular participation of the population, especially the younger generation, in physical education and mass sports, the further development of physical education and mass sports.” During the implementation of the necessary work, the large-scale tasks aimed at systematically organizing the selection of talented athletes from among students and the further development of physical education and sports events.

In this regard, special attention should be paid to primary school students. The content of education is of great importance in the use of feelings based on national values in the formation of physical education classes for junior schoolchildren through qualified teaching staff.

Taking this into account, the chosen topic “Ways to instill feelings based on national values in the process of physical education of primary school students” is one of the current problems. However, through physical education, such national values as nationalism, patriotism, loyalty to the Motherland, pride in one’s nation, defense of its honor in international arenas and at the same time respect for representatives of other nations are effectively instilled in young people. People.

In recent years, republican scientists have conducted a number of scientific studies. They can be found in scientific literature, articles, brochures. In this regard, the scientific works of academician J. Tulenov, professors M. Murodov, U. Koraboev, I. Dzhabborov, T. Javliev and others deserve attention.

Our research work differs from the above research studies in that our research work focuses on ways to instill national values-based sentiments in the physical education process of primary school students. In the course of the study, first of all, we conducted a question and answer session about feelings based on national values in physical education processes carried out with primary school students.

Our observations have shown that although there are various ways to instill in students feelings based on national values during physical education lessons, stories, presentations, conversations, explanations, discussions, assignments and instructions, demonstrations, short videos, meetings with famous athletes, exercises, experiments, games and competitions, the effective process of instilling and educating students on the basis of national values have been proven in pedagogy.

In the process of physical education classes, the implementation stage combines the active activity of the teacher with active, independent actions of students. In connection with this situation, the teacher’s actions are aimed at monitoring the activities of students, providing them with the necessary advice and assistance.

To speed up the interaction of elementary school students, the teacher sometimes acts as a participant in this process.

Based on the table below, we decided to reflect the work done by the teacher and students in the physical education lesson.

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